



From your State Senator ED GOMES

Working to improve the health and safety of seniors in our community.

Improving In-Home Care for Seniors

More than 700,000 Connecticut residents provide care to their loved ones with in-home care services. Unfortunately, many caregivers feel unprepared to perform the medical tasks necessary to keep their loved ones out of the hospital.

The **CARE (Caregiver Advise, Record and Enable) Act** was developed by the AARP to help ensure caregivers receive the information and training they need to care for their loved ones at home by:

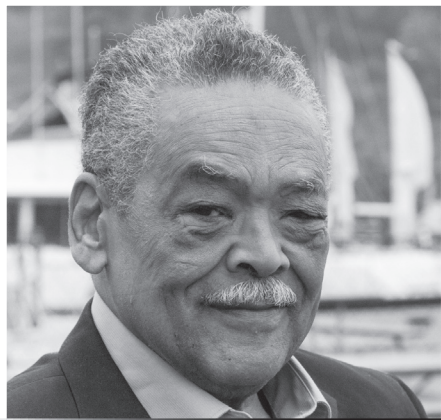
- Providing seniors the opportunity to designate a caregiver upon hospital admission
- Notifying caregivers of patient discharge status—to another facility or back home
- Supplying caregivers with medication management and other medical task instructions during in-home care

Protecting Your Privacy

In response to the major data breach that was announced by one of Connecticut's largest health insurers, I am supporting proposed legislation requiring the encryption of all personal data stored and transmitted by health insurance companies operating in Connecticut.



The proposal would **require any health insurance company that holds, uses or transmits personal information to adopt secure user authentication protocols** and upgrade information safeguards to limit future risks. All personal data, whether stored or transmitted, should be encrypted. According to cybersecurity experts, current encryption technology can limit the amount of data that even "authorized users" can view at one time, making it more difficult to compromise massive amounts of data.



I will be supporting several proposals to improve consumer protections and enhance the quality of life for Connecticut's seniors. Turn this card over to learn more about these issues and others I will be working during the 2015 legislative session.

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State Senator

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The people of our district are my top priority, and I encourage you to contact me about state issues that are important to you by calling **1-800-842-1420** or through my website at **www.SenatorGomes.cga.ct.gov**.

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